



Cultural Workshops



Corroboree Performance

Groove Co. offers two dance crews for performances, important events and ceremonies. We have our smaller dance troupe known as the Yambanga Yuindi Dance Troupe and our larger dance troupe known as the Burri Burra (people of the fire) dancers, which is a combination of Groove Co. and Mundagatta Didgeridoo dancers. We offer a variety of dances and can cater to your time requirements during the week and weekends.

Corroboree Workshop

Our corroboree workshop aims to connect people with the art of Indigenous dancing by educating them on the instruments, the history, the traditional regalia, the cuts and beats used and the movements. We scale this workshop to the needs of the client and teach from kindergarten through to adults. We then teach parts of our own dances or create a unique dance with the client, depending on what is required. This is a workshop which people from all backgrounds and ages can take part in. It helps to cultivate an understanding of and pride in Indigenous culture.

Ochre Connect Workshop

Ochre is essential to Aboriginal people's wellbeing both spiritually and physically and has been a practice passed down through centuries. This workshop is a hands-on experience which teaches clients how ochre is collected, how it is turned from rock to powder and how ochre is used for painting up and why it is used. This workshop not only allows clients to see ochre and feel ochre but also gives them the chance to be painted up. This workshop is appropriate for kindergarten aged clients through to adults.



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Indigenous Art

Art was and still is an essential tool for storytelling for Aboriginal people. In this workshop we explore different styles of Aboriginal art and what parts of Australia they are unique to. We explore art symbolism and how these symbols are utilised in storytelling. We focus on stencil art during this workshop and share stories and techniques of painting with ochre. This workshop is appropriate for Kindergarten aged clients through to adults and is scaled accordingly.

Songlines Workshop

Our Songline Workshop explores the importance of songs and chanting within Aboriginal culture and what they are used for. This workshop is a mixture of storytelling and hands on elements, using clapsticks and call and response chants and songs to explain this concept. This is appropriate for Kindergarten aged clients, right through to adults.

Storytelling Workshop

In this workshop we explore the mediums which Aboriginal people use to storytell from art and dance to songlines and Dreamtime stories. The major focus of this workshop is Dreamtime stories which we tell in an interactive manner. This is very engaging for kindergarten clients through to late primary school clients. We conduct this story telling workshop for high school aged clients and adults as well, however in a different setting.

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Goondooloo Feather/Women's Workshop

This workshop explains and teaches the art of Goondooloo (Emu) Feather Skirt making. The start of this session starts with story telling of how we came to make the skirts and how the knowledge was passed down. We then go into a hands on workshop where we each contribute to making strands of emu feathers. We then take the strands away from the workshop and create one skirt which we frame and gift back to the client. This is appropriate for preps right through to adults.

We turn this workshop into a whole day women's business workshop by adding ochre, corroboree and reflective writing practices into it.

Changing the Narrative Advocacy Program

Our Changing the Narrative Advocacy Program is for Aboriginal and Torres Strait Islander students in grade 10 to 12 and young professionals under 30 yo. Focusing on fostering confidence, self-awareness, advocacy skills, contemporary Indigenous knowledge, public speaking and debating, this program focuses on building up young Aboriginal and Torres Strait Islander peoples, so they can pave pathways to success for themselves and their mob. It aims to cultivate a sense of belonging, importance and self-determination. It is a hands-on program which incorporates a mix of written and hands on content to ensure young people remain engaged and actively learning throughout the duration of the program.



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Binbi Oothung Program

The Binbi Oothung program has been built on the foundation of the 8 Aboriginal Ways of Learning Pedagogy with cultural concepts as the foundation. The program is structured purposely to ensure cultural identity and connection is the basis on which every other topic is built upon. This program is focused on improving peer relationships and is targeted at girls in year 7 to 12.

Cultural Immersion and Celebration Day

Our Cultural Immersion Day can be added onto any 12 to 18 week program as an end of program celebration. This day gives the client options to include hands on workshops of their choosing (e.g. ochre workshop and artefacts workshops) with options for a kupmurri and corroboree performance as well.

Cultural Concepts and Complexities PD

This program is focused on unpacking the concepts of Lateral Violence, Intergenerational Trauma and Code Switching within education, corporate and government settings. It explains how the concepts came to be in the first place, how it plays out in modern day society, the affects that lead to negative outcomes in community and how we can start to address it. Appropriate for year 7 to 12 students, young professionals and all adults working in relevant fields.



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You Were Thinking It PD

This program addresses questions which non-Indigenous people are often too scared to ask. We utilise these questions to then explore cultural concepts such as sorry business, lore and protocol. We also address and challenge common misconceptions and stereotypes that we see throughout Australia. Appropriate for year 7 to 12 students, young professionals and all adults working in relevant fields.

Navigating Systematic Spaces PD

A program designed to identify, understand, and unpack the nuances which exist for Indigenous young people in systematic spaces and how to best support them through their journey within these systems that were founded and built upon colonisation. This is ideal for year 10, 11 and 12 students, young professionals and all adults working in fields related to this topic.

Kinesthetic Kinnection Experience PD

This workshop is all about being hands on with learning. We cover workshops that focus on ochre, connection to country, artefacts, corroboree, song lines, clapsticks and traditional cooking techniques. This can be added onto any Professional Development or mentoring program/workshops as a finisher.



Mentoring & Capacity Building Programs

Pacific Yulgu Program

This program addresses questions which non-Indigenous people are often too scared to ask. We utilise these questions to then explore cultural concepts such as sorry business, lore and protocol. We also address and challenge common misconceptions and stereotypes that we see throughout Australia. Appropriate for year 7 to 12 students, young professionals and all adults working in relevant fields.

Guyala Mentorship Program

A program designed to identify, understand, and unpack the nuances which exist for Indigenous young people in systematic spaces and how to best support them through their journey within these systems that were founded and built upon colonisation. This is ideal for year 10, 11 and 12 students, young professionals and all adults working in fields related to this topic.

Kinesthetic Kinnection Experience PD

This workshop is all about being hands on with learning. We cover workshops that focus on ochre, connection to country, artefacts, corroboree, song lines, clapsticks and traditional cooking techniques. This can be added onto any Professional Development or mentoring program/workshops as a finisher.